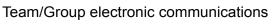
SAFE SPORT TIPS FOR COACHES





- Training with athletes in an open/observable environment



- Transportation with athletes and another coach/chaperone
- Providing feedback to an athlete in an open area
 - Running exercise drills for training and development
- Touching an athlete to demonstrate proper technique with their permission
- Consoling or hugging an athlete when in need, initiated by the athlete
- Entering a changeroom for an emergency, announcing your entrance
- Speaking to athletes, other coaches, officials, or club managers respectfully
- Managing athlete behaviours and discipline following policy
- Having your own room while travelling with athletes
- Conducting room checks at cerfew with another coach



Team/Group social gatherings



- Reporting maltreatment/misconduct
- Creating a safe, equitable and inclusive environment





Training alone with your coach where others can't observe



One on one (direct) messaging with your coach



Being alone with your coach during transportation



- Providing feedback to an athlete in a closed office or hotel room
- \mathbf{S}
- Using exercise as a form of punishment for not listening/achieving results



Touching an athlete unexpectedly or frequently for no reason



Hugging a participant face-to-face for longer than 5 seconds



Being in the changeroom while athletes are changing

- \mathbf{S}
- Using intimidating, insulting or offensive language or actions towards others



Yelling, using abusive language, and/or neglecting an athlete



Sharing a room with an athlete



Conducting room checks alone



Hanging out with an athlete alone or at your home



Not reporting suspected maltreatment/misconduct



Creating an environment that is not positive, safe, and fun